

#TASATASB
#ThriveThroughTheFive

THRIVE THROUGH THE FIVE



TASA / TASB txEDCON

October 1, 2020

Dr. Jill Siler

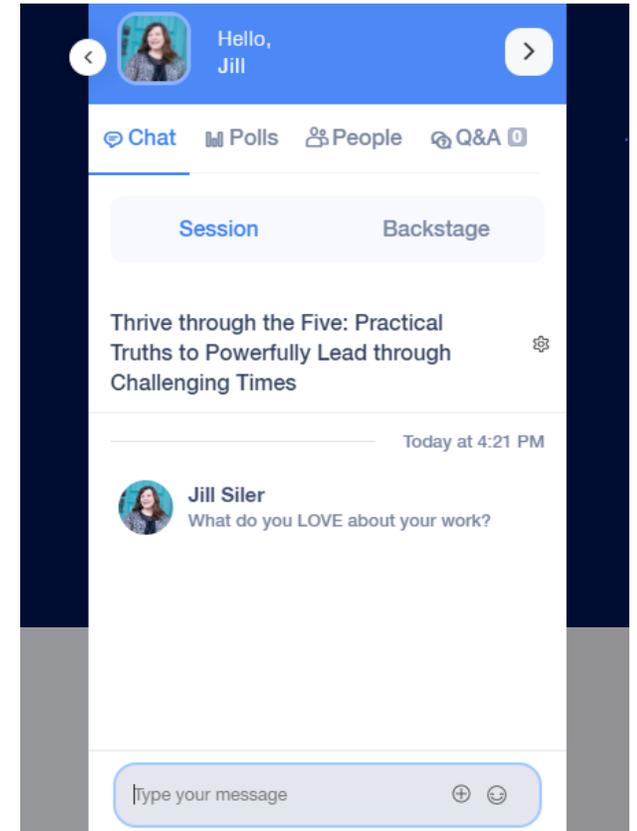
Gunter ISD Superintendent

LEADER | AUTHOR | SPEAKER

JILLMSILER.COM



WHAT DO YOU LOVE ABOUT YOUR WORK?



THE 5%...

- the **tragedy** that impacts the school community
- the aftermath when any human in the building makes a **poor choice**
- the aftermath when **we as leaders make a poor choice**
- the **negative viral social media post** about something that happened at school
- the **unavailability of funds** to provide everything our awesome staff deserves
- the **inability to defend ourselves** in situations
- the pressure we face when we have to go on **camera or on stage**
- **the weight** of people's livelihoods resting on our decision-making and leadership

THE 55%?!?

UNDERSTAND THAT THE FEELING OF BEING OVERWHELMED,
AND EVEN INADEQUATE,
IS PART OF THE GROWING PROCESS
AND NOT A SIGN THAT YOU'RE NOT THE
PERSON FOR THE JOB.

- jill m siler



WHAT HELPS YOU THRIVE THROUGH CHALLENGING TIMES?



padlet

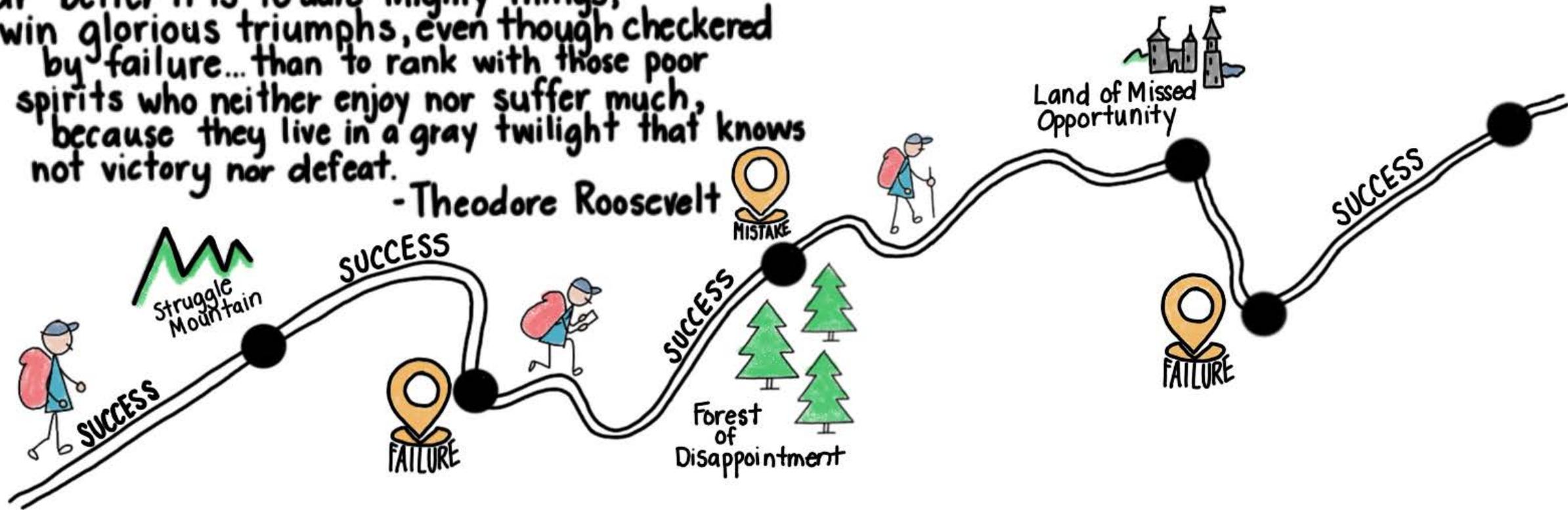


THRIVE THROUGH THE FIVE

- **Underlying Factors:** Failure & Fear
- **Internal Strategies:** Balance & Self-Care
- **External Strategies:** Decision-Making

Far better it is to dare mighty things,
to win glorious triumphs, even though checkered
by failure... than to rank with those poor
spirits who neither enjoy nor suffer much,
because they live in a gray twilight that knows
not victory nor defeat.

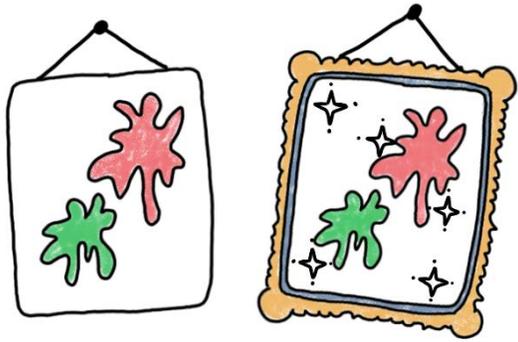
- Theodore Roosevelt



Amelia Buchanan
@edtech_amelia

Failure is Part of It

Failure is Part of It



Reframe how we look at failure.

Failure is Where Learning and Growth Happen



Failure is only Part of the Story

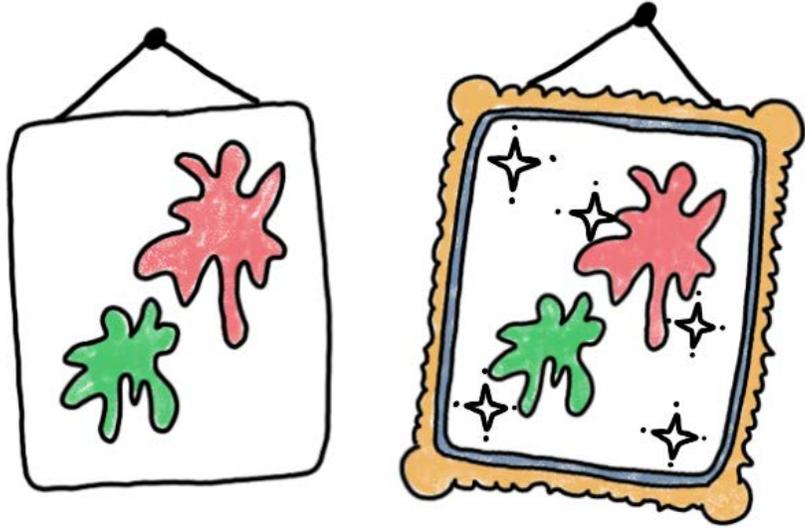


The Line to Success is not Straight



Learning and growth happen in the midst of failure - but only if we let it

Failure is Part of It



Reframe how we
look at failure.

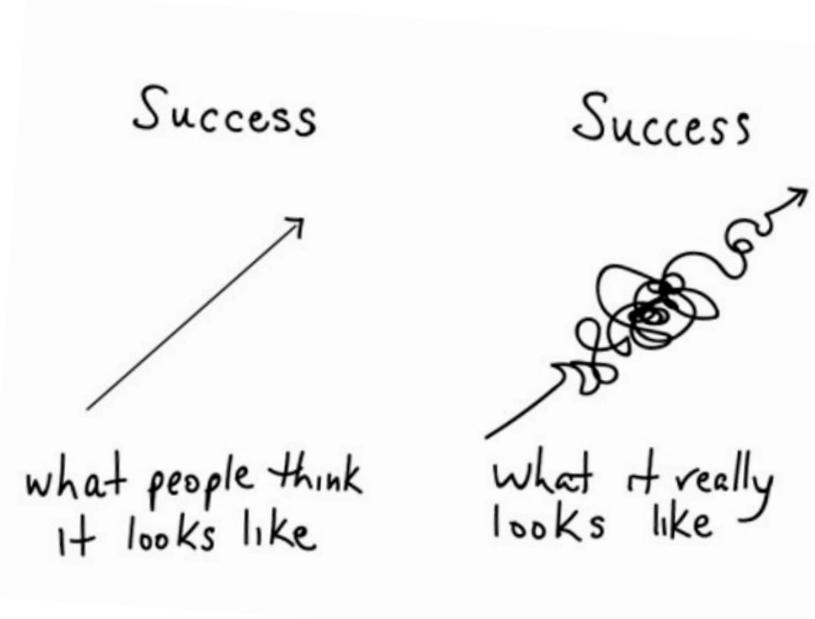
- Failure is part of it
- Embrace it

**IF WE TRULY WANT TO BE THE BEST VERSION OF OURSELVES,
THAT GROWTH DOES NOT COME WITHOUT RISK AND FAILURE.
FAILURE IS NOT SOMETHING WE JUST ENDURE,
IT IS THE THING THAT CAN MAKE US GREAT.**

• The Line to Success
is not Straight



- The trajectory is ours



**JUST BECAUSE YOU ARE NOT MOVING IN A SEAMLESS,
STRAIGHT TRAJECTORY YOU HAD ANTICIPATED OR HOPED FOR,
IT DOESN'T MEAN THAT YOU ARE NOT READY OR EQUIPPED TO
BE SUCCESSFUL IN YOUR NEXT STEPS.**

SOMETIMES PLACES LIKE
FAILURE, FEAR AND FAITH
ARE THE VERY PLACES FROM WHICH
GREATNESS, HOPE, AND SUCCESS
ARE BORN

- jill m siler

Failure is Where Learning
and Growth Happen



- Failure can always teach
- The difference is how we respond

**THE NEXT TIME YOU FAIL
TAKE A SECOND TO GRIEVE YOUR EGO.
AND THEN GET OUT THERE & TRY AGAIN.
FAILURE IS AN EVENT, NOT A SENTENCE**

LEARNING AND GROWTH HAPPEN
IN THE MIDST OF FAILURE
- BUT ONLY IF WE LET THEM.

- jill m siler

★ What are you better at now than 6mos ago?

Failure is only Part
of the Story



“Failure is an imperfect word because, if you take the time and have the patience to learn from your failures, then they aren’t failures any longer—they’re lessons.”

- Brene Brown

WE ARE DEFINED BY OUR FAILURES
ONLY IF WE LET OURSELVES BE.
FAIL. LEARN FROM IT.
BE BETTER.

- jill m siler

**THERE IS A MAJOR DIFFERENCE
BETWEEN FAILURE AND FEAR.**

FAILURE HAPPENS BUT IT IS FINITE.

**FEAR CAN BE EVER-PRESENT.
IT CAN BE PARALYZING.**

“How Do I Get Rid of the Fear?”

Alas, this is the wrong question.

The only way to get rid of the fear is to stop doing things that might not work, to stop putting yourself out there, to stop doing work that matters.

**No, the right question is,
"How do I dance with the fear?"**



SETH'S BLOG

**Fear is not the enemy.
Paralysis is the enemy.**

**THE GOAL ISN'T TO
ERADICATE FEAR.
THE GOAL IS TO LEAD
THROUGH IT ANYWAY.**

**WHEN WE ARE BOLD,
WHEN WE CHOOSE ACTION
IN THE MIDST OF FEAR,
WHEN WE LEAD ANYWAY,
THAT COURAGE IS THE BIRTH OF GREATNESS.**

- jill m siler

Care for Yourself First

The real trick isn't to figure out how to become a master juggler, but to realize that you can only gracefully manage so much before your life feels like a circus.

-Joelle Jay



Turn It Off

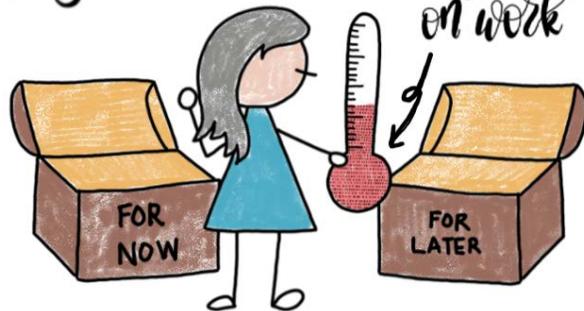


Balance Does Not Happen In a Day

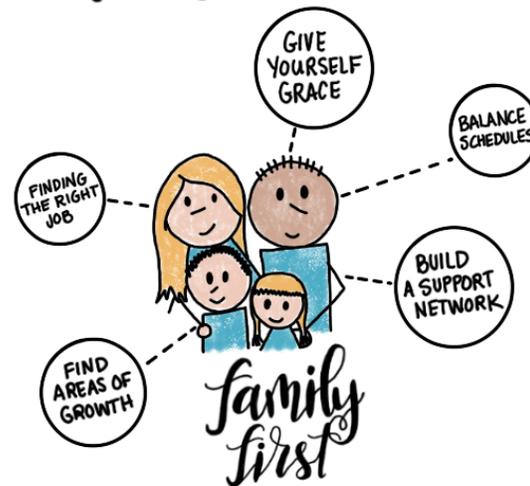


Balance as Emotional Preoccupation

hours you work + hours you dwell on work



First Things First



Make Your Yes's Count





Balance Does Not
Happen In a Day



- Look at the big picture
- Understand the seasons
- Create a schedule

**BALANCE DOES NOT
HAPPEN IN A DAY.
THE GOAL IS NOT FOR MONDAY
TO BE PERFECTLY BALANCED.
THE GOAL IS FOR YOUR LIFE
TO HAVE A SENSE OF BALANCE.**

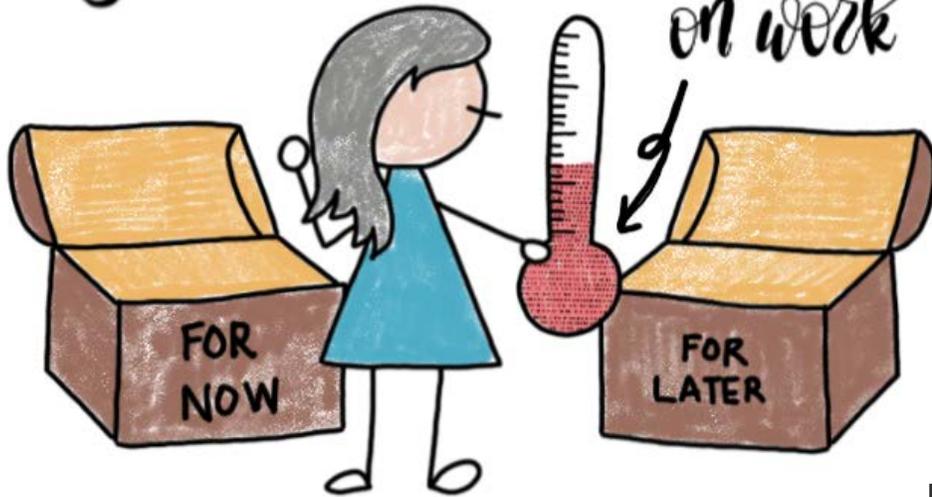
- jill m siler



Balance as
Emotional Preoccupation

- When we can't let it go
- When we forget our why

hours you work + *hours you dwell
on work*



**BALANCE ISN'T ABOUT PHYSICAL LOCATION
AS MUCH AS IT IS EMOTIONAL PREOCCUPATION.**

**SOMETIMES BALANCE IS LESS ABOUT THE HOURS YOU WORK
AND MORE ABOUT THE HOURS YOU DWELL.**



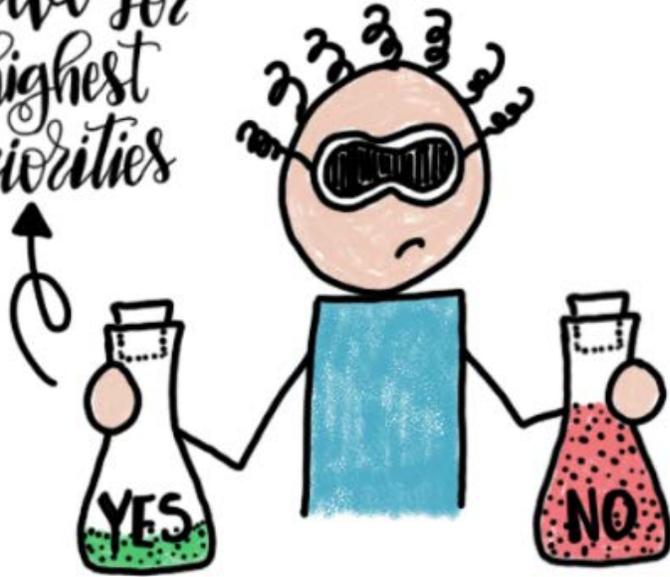
- Balance starts with the leader
- We must find respite
- Find an outlet

**PART OF FINDING BALANCE IS TAKING RESPITE.
AS LEADERS, SOMETIMES WE NEED TO STEP AWAY TO
BETTER SEE HOW TO MOVE OURSELVES AND OUR
ORGANIZATIONS FORWARD.**



Make Your
Yes's Count

save for
highest
priorities

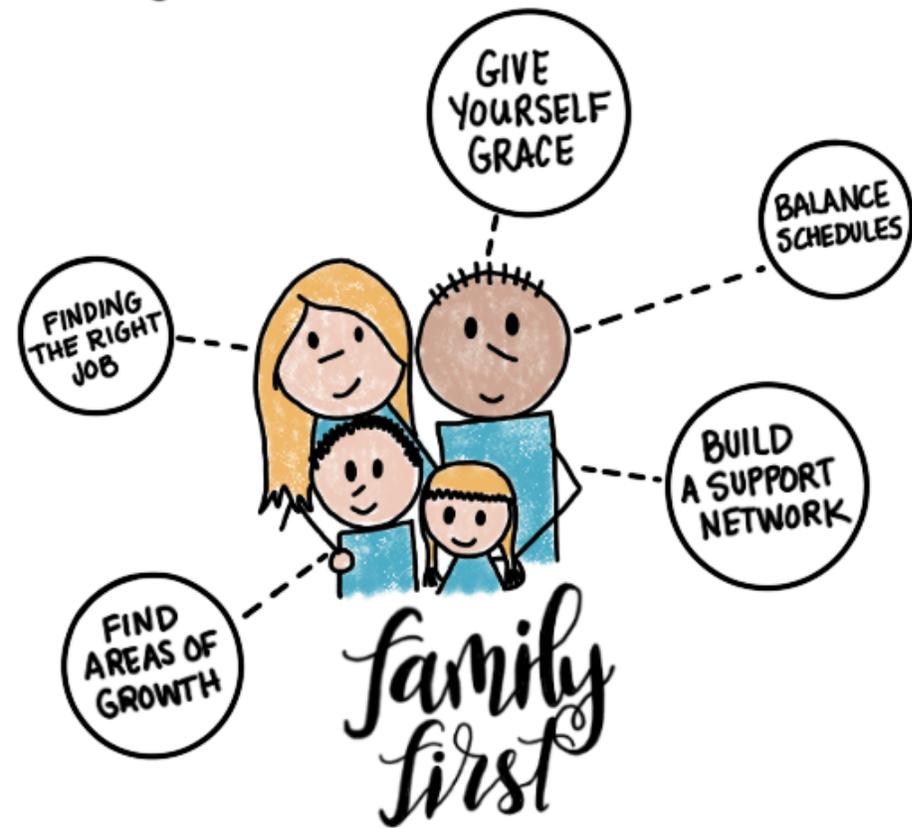


You have to decide what your highest priorities are and have the courage—pleasantly, smilingly, nonapologetically, to say “no” to other things. And the way you do that is by having a bigger “yes” burning inside. The enemy of the “best” is often the “good.”

- Stephen Covey

“When you say no, you are only saying no to one option. When you say yes, you are saying no to every other option. No is a choice. Yes is a responsibility.”

- James Clear



- Give your family a voice
- Give yourself grace
- Make moves that make sense for you
- Find your support network

SOMETIMES BALANCE ISN'T ABOUT WHETHER OR NOT YOU CAN OR SHOULD DO THE JOB.

SOMETIMES IT IS ABOUT FINDING THE RIGHT JOB IN THE CONTEXT THAT WILL WORK WITH YOUR LIFE.



What is **ONE** thing that is
resonating with you?

Or what is one thing you would **add** to this
conversation on **balance and self-care**?

I have come to the frightening conclusion that I am the decisive element. It is my personal approach that creates the climate. It is my daily mood that makes the weather.
-Haim G. Ginott

SO MANY DECISIONS

- * Hard personal conversations
- * Student Mental Health
- * Global Pandemic
- * School closure decisions
- * Contentious parent meetings
- * student safety

Our Actions Matter

Remember to Lead

HINDSIGHT is 20/20
LEARNING TOOL FOR THE FUTURE

Lead Your Best Way

The Best Solution is Better than Your Solution

LEAD toward the BEST SOLUTION!

COMMON GROUND

Gain the Best Perspective

Step back and really see and hear the perspective of others so that WE can become BETTER.

Don't Avoid Problems

OWN IT and LEAD THROUGH IT

UGLY SITUATIONS

AVOIDING PROBLEMS ONLY MAKES IT WORSE

As leaders, we are the decisive element in the cultures we create, the relationships we build and the decisions we make.



The Best Solution is
Better than Your Solution



- The truth about “black and white”
- The gift of time and space

**WHEN CONFRONTED WITH SOMETHING MESSY,
DON'T GO FOR THE QUICK SOLUTION.**

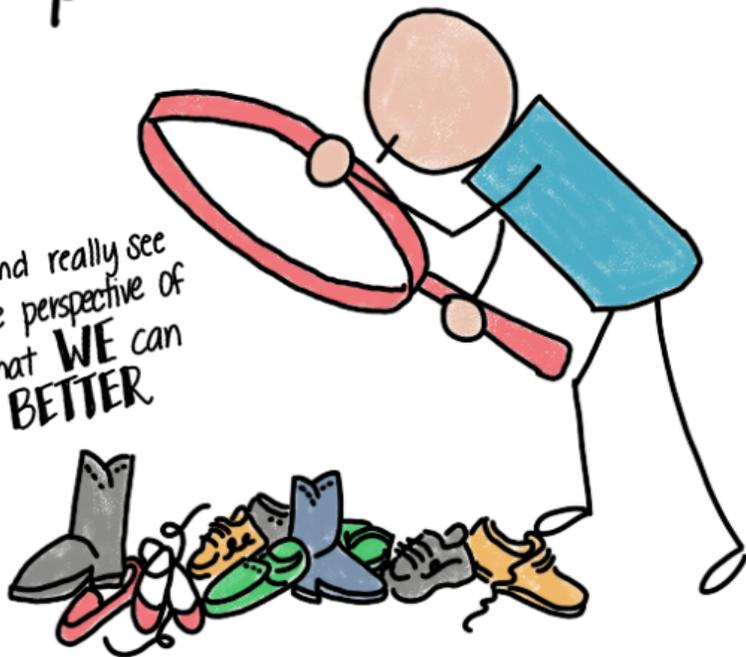
**TRY TO UNDERSTAND THE SITUATION FROM
EVERY ANGLE AND LEAD TOWARD THE BEST SOLUTION.**



Gain the Best Perspective

- The power of listening
- The test of criticism

Step back and really see
and hear the perspective of
others so that **WE** can
become **BETTER**.



**THERE IS NO GREATER TOOL TO
DE-ESCALATE EMOTIONS WHEN
CONFRONTED WITH SOMEONE
WHO IS UPSET THAN TO TRULY
TRY TO SEE AND UNDERSTAND
THEIR PERSPECTIVE.**

✓ Don't Avoid Problems



- The urge to avoid
- The need to own it

DON'T DELEGATE AWAY SOMETHING THAT IS APPROPRIATE FOR YOU TO LEAD THROUGH.

OWN IT AND LEAD THROUGH IT.



Remember to Lead



- The difference between leading and responding
- The challenge of vision

HINDSIGHT MAY BE 20/20, BUT WE OPERATE IN THE PRESENT.

USE HINDSIGHT AS A LEARNING TOOL FOR THE FUTURE

BUT NOT AS A WEAPON AGAINST YOURSELF.

THE TWELVE MOST IMPORTANT
INCHES IN LEADERSHIP
ARE THOSE BETWEEN YOUR
HEAD AND YOUR HEART.

-jill m siler



IF YOU'RE NOT THRIVING NOW...

WHAT IS ONE STEP

YOU COULD TAKE TOWARDS THAT END?

BE BRAVE ENOUGH
TO THINK ABOUT WHAT COULD BE IN YOUR LIFE AND
BE BOLD ENOUGH
TO START TAKING STEPS TOWARDS THAT END.

- jill m siler